



# AGENDA

## Day 1

### 9:00AM - Classroom

- Introductions, Snacks & House Keeping
- Guide to 'Authentic You'
- Understanding 'Horse Language'

### 9:45AM - Hay Break

### 10:00AM - Arena

- The Journey - 'Building a Relationship Within'
- Meet the Teachers, the Horses
- Ground Rules, Safety & Understand Horse Language

### 11:00AM - Classroom

- Communication Assessment

### 12:00PM - Country Lunch

### 12:30PM - Arena

- Balance & Boundaries - 'Communication'

### 1:40PM - Setting Up Your Future

- Beat the crystal ball - the scenario we are in and can continually encounter

### 2:45PM - Hay Break

### 3:00-3:30PM - Classroom

- Create and capture the day in our sketching for success guide

## Day 2

### 9:00AM - Classroom

- Recap Day Before
- Finding the answers to solve the questions to your life

### 9:45AM - Hay Break

### 10:00AM - Arena

- Who Are You? - 'Self Reflection'
- Brining the skills from the day before by applying to the next step in your life

### 11:00AM - Classroom

- Honing in on Communication Styles

### 12:00PM - Country Lunch

### 12:30PM - Arena

- Symbols of Strength - 'Personal Power'

### 1:40PM - What Do You See?

- Action - you own your thought
- Listen - head or gut?

### 2:45PM - Hay Break

### 3:00-3:30PM - Classroom

- Wrap Up Day
- Create and capture the day in our sketching for success guide